

Cheerleaders, not taskmasters!

Early intervention making you feel exhausted and guilty? It's a common and understandable experience, but it's not how family-centred early intervention should feel.

- ✗ Professionals should *not* make you feel guilty
- ✗ Professionals should *not* be judging your parenting
- ✓ Professionals should work *with* you to address any issues
- ✓ Professionals should be your cheerleaders!

“Parenting is hard, and parents have enough obligations and more than enough judgment outside of our therapy sessions. They need a cheerleader, not a taskmaster.”

