REAL LIFE TIPS



Cheerleaders, not taskmasters!

Early intervention making you feel exhausted and guilty? It's a common and understandable experience, but it's not how family-centred early intervention should feel.



Professionals should not make you feel guilty



Professionals should not be judging your parenting

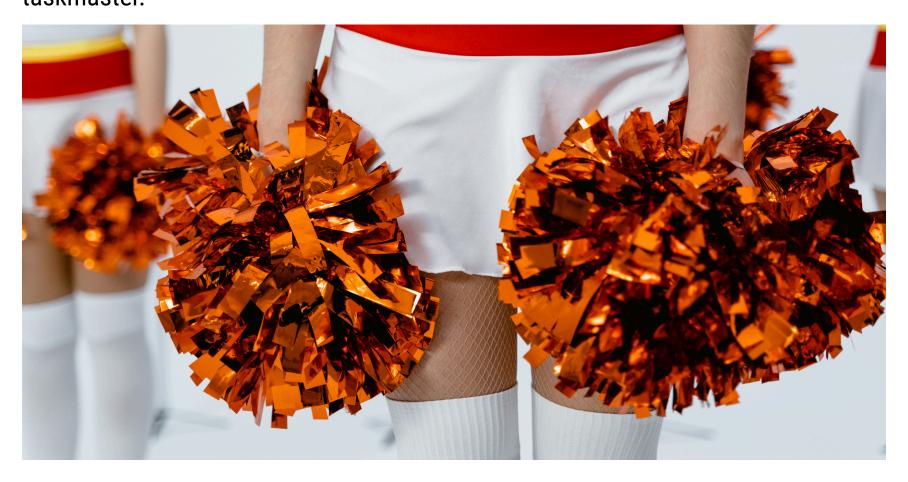


Professionals should work with you to address any issues



Professionals should be your cheerleaders!

•• Parenting is hard, and parents have enough obligations and more than enough judgment outside of our therapy sessions. They need a cheerleader, not a taskmaster. ••



Source: A Cheerleader, not a Taskmaster by Elizabeth Rosenzweig PhD