



REAL LIFE TIPS



Enjoy Music

Singing, dancing and banging out a noisy rhythm are part of the joy of childhood.

Children who are deaf or hard of hearing can enjoy and benefit from music too!

Research at Macquarie University has found that music has therapeutic benefits for children with hearing loss. Music training can improve communication skills, regulate emotions and help peer relationships. Other research has shown that people who are deaf enjoy music through sound vibrations and experience similar emotions as people listening to music.

So hold your baby close and sing and dance to music that relaxes you or fills you with joy. Your baby will be comforted and feel the sounds, rhythm and vibrations. And as your baby grows, help them to explore the wonder of music through singing, dancing or playing an instrument.

