

BARRIERS AND FACILITATORS TO PARTICIPATION IN ORGANISED PHYSICAL ACTIVITY

Parents, guardians, coaches and children are invited to take part in a study to explore the benefits and barriers to participation in organised physical activity programs around Australia for children with physical and developmental disabilities and challenges. Parents of children with disabilities, developmental challenges, or additional needs aged between 4-17 years are encouraged to participate in this study.

Participation in this study will involve parents and coaches completing an online survey which will take approximately 20 minutes. The survey may take an extra 5 minutes per child for parents with more than one child aged between 4-17 years. Children are also invited to complete 2 questions as part of the online survey, which will take up to 5 mins to complete.

The information from this survey will be used to plan future research that aims to better support developmentally vulnerable children to participate in physical activities. This project will promote inclusivity for all children in organised physical activity programs by assisting to develop resources for parents, coaches and health professionals to identify:

1. What key factors translate to participation in physical activity for children with a disability
2. What may help to enable children with a disability to participate in organised physical activity

This study is being conducted by the National Disability Insurance Agency (NDIA) in collaboration with Deakin University. This study has been approved by the Deakin University Human Research Ethics Committee [App #2016-336].

If you would like to participate in this study, please click on the website link below or contact:

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